

## Discussion Questions for Matthew 12:1-21

---

**1. Where in my life have I allowed routine, habit, or “doing the right things” to replace genuine love for God and others?**

---

**2. What are some ways someone can look “spiritually strong” on the outside but be far from God on the inside?**

**a. Where do you see that tension in your own life right now?**

---

**3. In what areas of my life do I feel weak, worn down, or barely holding on—and am I truly bringing those places to Jesus, trusting in His gentleness?**

---

**4. Do I ever avoid helping others because it’s inconvenient, uncomfortable, or might cost me something?**